

**Endocrine System
Hormones**

- [Living with Type 1 Diabetes](#)

Type 1 Diabetes

- results from the autoimmune destruction of the insulin-producing beta-cells in the pancreas.
- The lack of insulin leads to increased blood and urine glucose.
- Insulin is a peptide hormone that causes cells in the liver, skeletal muscles, and fat tissue to absorb glucose from the blood.

Regulation & Communication

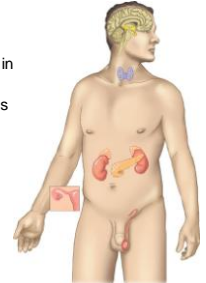
- Animals rely on 2 systems for regulation

- endocrine system

- system of ductless glands
 - secrete chemical signals directly in
 - chemical travels to target tissue
 - target cells have receptor proteins
 - slow, long-lasting response

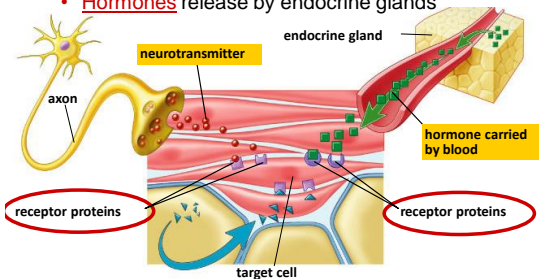
- nervous system

- system of neurons
 - transmits "electrical" signal & release neurotransmitters to target tissue
 - fast, short-lasting response



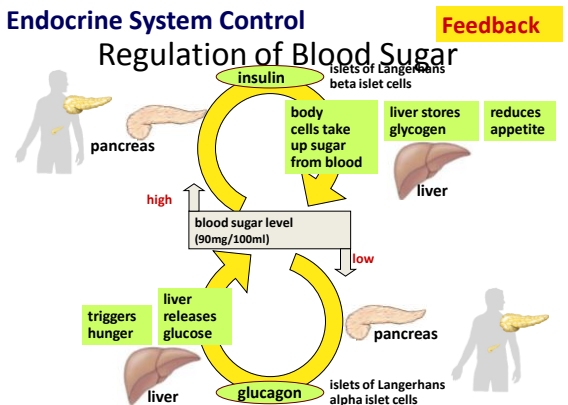
Regulation by chemical messengers

- **Neurotransmitters** released by neurons
- **Hormones** release by endocrine glands



Endocrine System Control

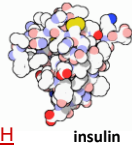
Regulation of Blood Sugar



Classes of Hormones

- Protein-based hormones**

- polypeptides
 - small proteins: insulin, ADH
- glycoproteins
 - large proteins + carbohydrate: FSH, LH
- amines
 - modified amino acids: epinephrine, melatonin



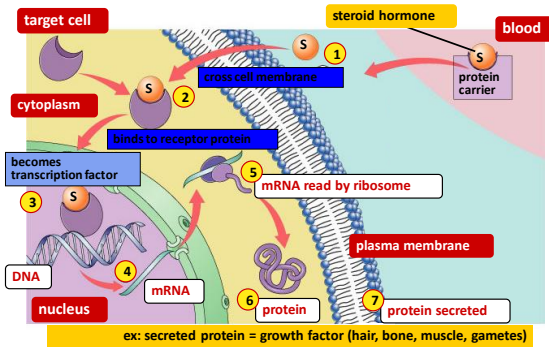
- Lipid-based hormones**

- steroids
 - modified cholesterol: sex hormones, aldosterone

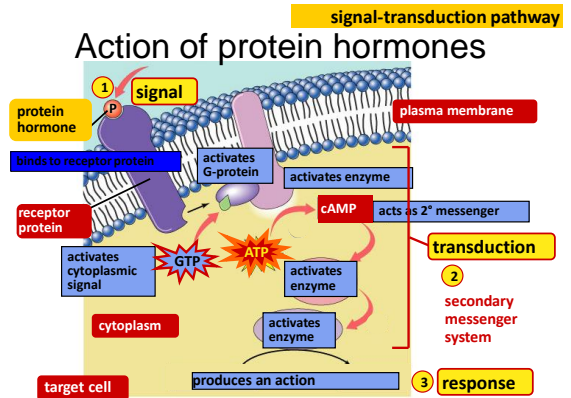
How do hormones act on target cells?

- **Lipid-based hormones (Steroids)**
 - hydrophobic & lipid-soluble
 - diffuse across cell membrane & enter cells
 - bind to receptor proteins in cytoplasm & nucleus
 - bind to DNA as transcription factors
 - turn on genes
- **Protein-based hormones**
 - hydrophilic & not lipid soluble
 - can't diffuse across cell membrane
 - bind to receptor proteins in cell membrane
 - trigger secondary messenger pathway
 - activate internal cellular response
 - enzyme action, uptake or secretion of molecules...

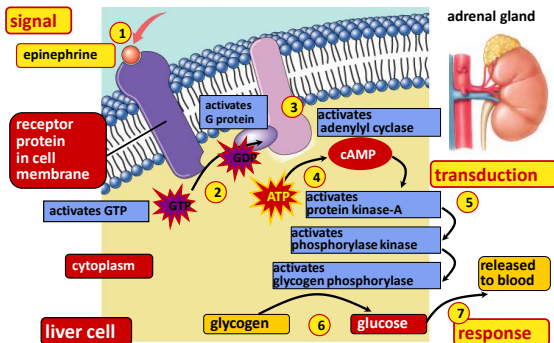
Action of lipid (steroid) hormones



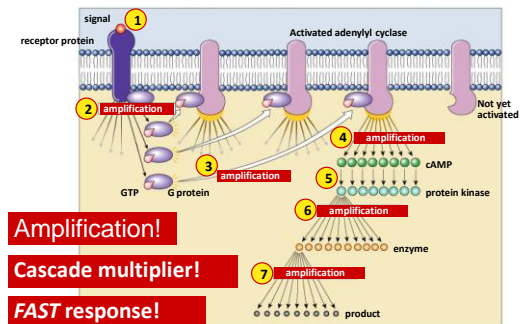
Action of protein hormones



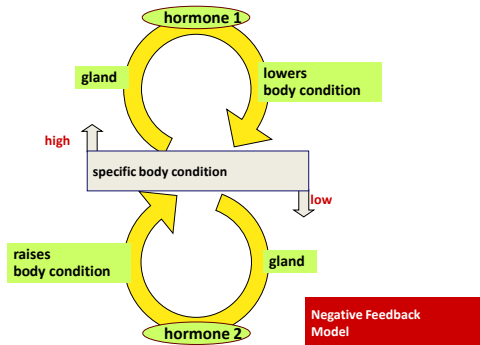
Ex: Action of epinephrine (adrenaline)



Benefits of a 2° messenger system

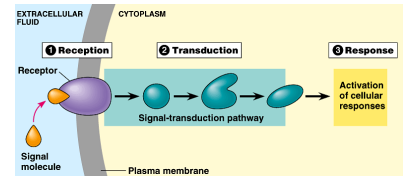


Maintaining homeostasis



Causing a Response

- Three steps:
 - Reception
 - Transduction
 - Response



Step 1: Reception

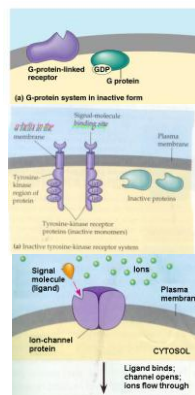
- Signal interacts with receptor site on a membrane or in a cell (RECEPTION)
 - We call this a signal a ligand.
- Ligand attachment to a receptor causes a SHAPE CHANGE in the receptor.
- Shape change starts a domino effect of chemical reactions in the cell (TRANSDUCTION) causing the RESPONSE.

Step 1: Reception

- The location of the receptor is depends on the BIOCHEMISTRY of the signal.
- Protein Signals
 - Proteins can't enter the cell membrane.
 - Bind to receptor proteins on the extracellular side of membrane
 - Remember Protein signals stay on periphery
- Lipid or Steroid Signals
 - Are hydrophobic just like the membrane!
 - They “sneak by the membrane” and bind INTRACELLULAR RECEPTORS.
 - Remember: lipids leak right into cells OR steroids slip right into cells

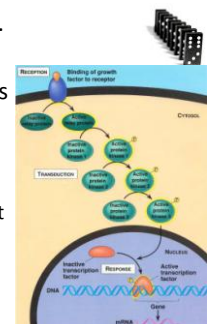
Receptor Types

- The three main receptors that you should be familiar with are:
 - G – coupled protein receptor
 - Tyrosine kinase receptors
 - Ion channel receptors
- They all do the same thing, just a little differently.
- Main Idea:
 - 1. They bind signaling molecule
 - 2. This causes a shape change.
 - 3. This “activates” a cellular response.



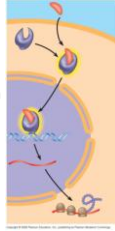
Step 2: Signal Transduction

- Transduction = signal processing.
 - A multistep
- Involves activating other proteins by phosphorylating them.
 - Phosphorylating = kicks them into action.
 - Protein kinases = the enzymes that do this.



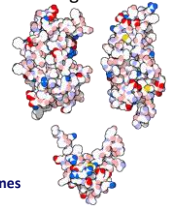
Step 3: Response

- Two main types of cellular responses:
 - 1. Activating enzymes within a cell
 - PROTEIN signals do this, why?
 - Cant get into the cell so must communicate from the outside
 - 2. Turning on/ off genes in your DNA
 - Aka "transcription factors"
 - STEROID signals do this, why?
 - They can sneak right past the membrane and bind intracellular receptors.



Regulation

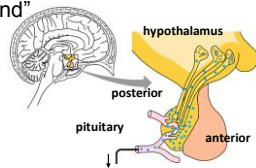
- Why are hormones needed?
 - chemical messages from one body part to another
 - communication needed to coordinate whole body
 - daily homeostasis & regulation of large scale changes
 - solute levels in blood
 - glucose, Ca⁺⁺, salts, etc.
 - metabolism
 - growth
 - development
 - maturation
 - reproduction



growth hormones

Nervous & Endocrine systems linked

- Hypothalamus** = "master nerve control center"
 - **nervous system**
 - receives information from nerves around body about internal conditions
 - **releasing hormones**: regulates release of hormones from pituitary
- Pituitary gland** = "master gland"
 - **endocrine system**
 - secretes broad range of "tropic" hormones regulating other glands in body

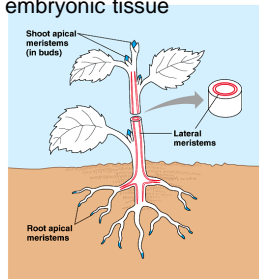


Plant Growth



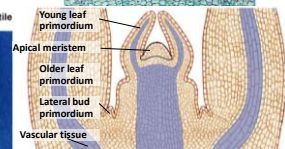
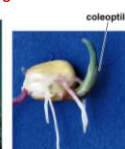
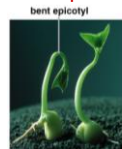
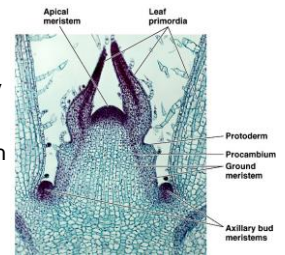
Growth in Plants

- Specific regions of growth: **meristems**
 - stem cells: perpetually embryonic tissue
 - regenerate new cells
 - **apical shoot meristem**
 - growth in length
 - **primary growth**
 - **apical root meristem**
 - growth in length
 - **primary growth**
 - **lateral meristem**
 - growth in girth
 - **secondary growth**



Shoot growth

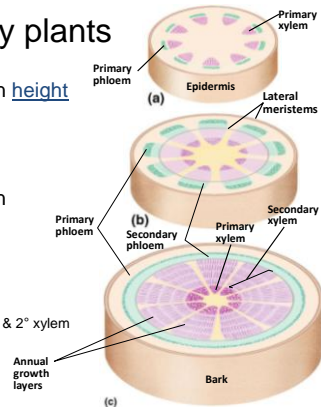
- Apical bud & primary growth of shoot
 - region of stem growth
 - **axillary buds**
 - "waiting in the wings"



protecting the meristem

Growth in woody plants

- Woody plants grow in height from tip
 - primary growth
 - **apical meristem**
- Woody plants grow in diameter from sides
 - secondary growth
 - **lateral meristems**
 - **vascular cambium**
 - makes 2° phloem & 2° xylem
 - **cork cambium**
 - makes bark



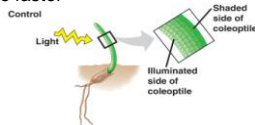
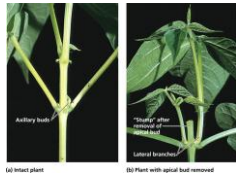
Plant hormones

- auxin
- gibberellins
- abscisic acid
- ethylene
- and more...



Auxin (IAA)

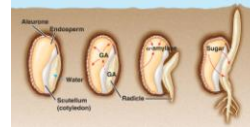
- Effects
 - controls cell division & differentiation
 - phototropism
 - growth towards light
 - asymmetrical distribution of auxin
 - cells on darker side elongate faster than cells on brighter side
 - apical dominance



Gibberellins

- Family of hormones
 - over 100 different **gibberellins** identified
- Effects
 - stem elongation
 - fruit growth
 - seed germination

plump grapes in grocery stores have been treated with gibberellin hormones while on the vine



Ethylene

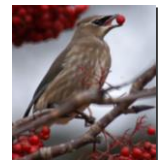
- Hormone gas released by plant cells
- Effects
 - fruit ripening
 - leaf drop
 - like in Autumn
 - apoptosis

One bad apple spoils the whole bunch...



Fruit ripening

- Adaptation
 - hard, tart fruit protects developing seed from herbivores
 - ripe, sweet, soft fruit attracts animals to disperse seed
- Mechanism
 - triggers ripening process
 - breakdown of cell wall
 - softening
 - conversion of starch to sugar
 - sweetening
 - positive feedback system
 - ethylene triggers ripening
 - ripening stimulates more ethylene production



Response to Light

- Phytochromes regulate many plant responses to light
 - Helps plants detect light; keeps track of seasons; day length
- SHORT DAY PLANTS need daylight for less than a critical period to flower
(flower in late summer, fall, winter)
- LONG DAY PLANTS need daylight for longer than a certain critical period to flower
(flower in late spring/early summer)

